



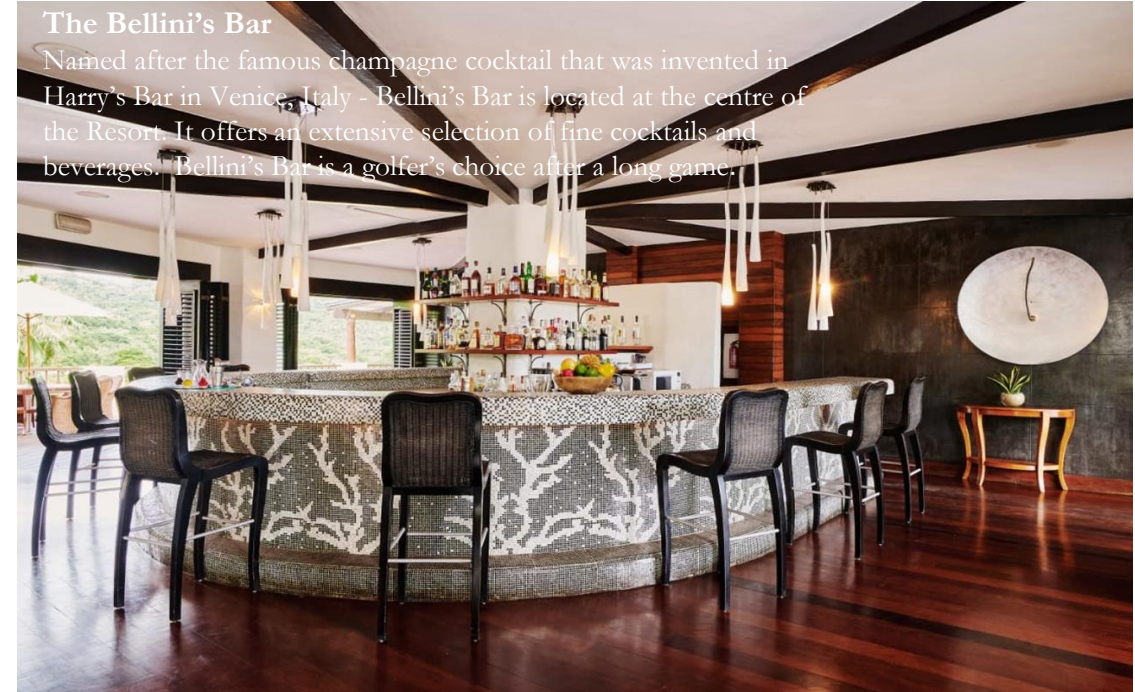
## L'Ance Guyac Beach Club

During the day, L'Ance Guyac beach is a semicircle of tropical paradise: powder-fine white sand, crystal-clear azure water, a handful of palapas over cushioned lounge chairs. At night L'Anse Guyac comes into its own. Torches light the narrow stone path down to the beach, where the sound of the water lapping is the perfect soundtrack for a pre-dinner cocktail in the tented lounge on the sand. Indulge yourself on queen conch salad and fresh catch of the day and much more..



## The Bellini's Bar

Named after the famous champagne cocktail that was invented in Harry's Bar in Venice, Italy - Bellini's Bar is located at the centre of the Resort. It offers an extensive selection of fine cocktails and beverages. Bellini's Bar is a golfer's choice after a long game.



## Shell Beach Bar and Grill

A hidden gem perfect for those seeking an authentic Caribbean beach experience. Open for lunch, the bar and grill offers an enticing array of Caribbean flavors, from grilled fish to jerk chicken.



**Other dining options are available within the Estate.**



The resort offers an array of activities including golf on our 18-hole Jim Fazio designed course, tennis courts, fitness center, hiking, boating, fishing, snorkeling, SCUBA diving and non-motorized water sports. All activities can be arranged by our concierge staff on property.

### Sailing/Boating

Venture out on the Caribbean Sea for either a half day or full day with a Sailing Catamaran, a power boat or a high-speed RIB and experience our neighboring Southern and Northern Grenadine Islands. Be sure to visit the famous “Tobago Cays”, located in an archipelago comprising of five small uninhabited islands – Petit Rameau, Petit Bateau, Baradol, Petit Tobac and Jamesby. Located in the Southern Grenadines, they offer the ideal spot for boating with lagoons full of green turtles, coral reefs, colorful fish and crystal-clear waters. Tobago Cays is a haven for SCUBA divers and beachcombers. The Cays have been declared a wildlife reserve by the government and offers you the opportunity of swimming and snorkeling in complete seclusion.

The Northern Grenadines Islands (Bequia & Mustique) offer spectacular beaches, great snorkeling and diving spots.

### Fishing

Sport Fishing, as well as Fly Fishing, can be arranged for half day or full day.

### Diving and Snorkeling

Canouan Island is surrounded by crystal clear sea and coral reefs that are teeming with marine life, making it ideal and exciting for SCUBA diving and snorkeling.



## Non-motorized Water Sports

Paddle boards, hobie-cats, kayaks and snorkel gear are available for complimentary use at Shell Beach.

## Hiking

Hike to the highest point on Canouan Island, “Mount Royal”. Enjoy the most spectacular scenery and capture views of the Grenadine Islands.

## Island Tour

One can immerse themselves in the Island’s history and experience the natural beauty of Canouan Island “turtle Isles” and stop at various viewpoints and historical sites along the way.

## Tennis

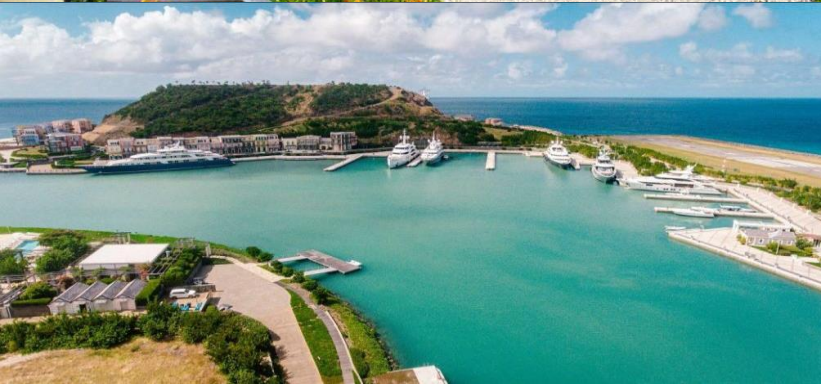
The resort’s tennis center at Carenage Bay offers three Astro-Turf tennis courts, floodlit for night play. The facility includes a pro-shop, rental equipment and a resident tennis professional for private lessons.

## Fitness

State of the art treadmills, cycling machines, steppers, elliptical machines and free weights are at your disposal.

## Spa

Guests can unwind with locally inspired treatments and rituals in the spa located close by on the estate at the Mandarin Oriental. The team of highly trained therapists are able to customize treatments for guests’ particular requirements. Spa appointments can be pre-arranged by our on-property staff.





# ACTIVITIES & SERVICES



## KIDS AND TEENS CLUB

Canouan Estate welcome families year-round. The kids and teenagers Club is complimentary for children age 3 and above and is open daily from 9am to 5pm.

With a full-size swimming pool and waterslide park with lounge chairs shaded by umbrellas, the Kids Club has a well apportioned open space for children to run and play. There is also a library, a culinary counter equipped for baking and cooking classes, gaming terrace with a pool table, table football and table tennis. TV / Media / Computer areas with large screen interactive TV, Cinema projector, Mac computers and an electronic games room. Not to mention the toddlers play area that features ride-on toys, sunken trampoline, baby swings and an adventure pirate ship with slides and climbing frames. There are numerous activities to participate in daily including resort excursions, indoor and outdoor games, arts and crafts, culinary activities and much more.

The facilities also include two pools one for toddlers complete with slide and water sprays, plus a large pool for the older children, with plenty of lounge chairs for the parents. Cribs and Babysitting services are available upon request.





## Golf

It is the Caribbean's most exciting and challenging course and has been named in the Top 10 of 'Best Golf Courses' in the world.

Our exhilarating and challenging 72-Par Jim Fazio designed 18-hole championship golf course is located on dramatic sloping hills skirting the oceans edge. A hundred and fifty undulating acres with breath taking views from every angle, it is truly every world class golfer's dream.

Holes 12, 13, 14 and 15 are undoubtedly the most scenic holes on the course and the most challenging. They sit on the top of a ridge and have a spectacular view of the neighboring Grenadine islands.

Hole 16 features one of the longest par-3's in the world at 305 yards. The breeze at the top of the ridge adds to the challenge, but makes these holes the most sensational on the course.

Private golf lessons, private golf-round lessons and golf packages are available.